

Appendix 1

Orkney Sailing Club Yacht Racing Safety Requirements

Minimum Safety Requirements for racing "Round the Cans" within sheltered harbour area:

1. Lifejackets must be worn by every person on board; it is recommended that crotch straps are fitted. Buoyancy aids may be used, however are only suitable for competent swimmers in sheltered waters.
2. Appropriate sized anchor and chain/rope to be carried.
3. Minimum of one horseshoe type life buoy to be readily available for deployment.
4. A steering compass.
5. VHF radio, fixed or hand-held.
6. Every yacht should be insured and the policy includes racing risks.
7. A first aid kit.
8. Appropriately sized engine, whether inboard or outboard, ready for deployment at short notice.
9. Fire extinguisher(s).
10. Ability to pump bilges independent from the main engine.
11. Minimum of one bucket and lanyard.
12. Appropriate navigation lights if racing after sundown.

Additional Safety Requirements if never more than 3 miles from land during passage racing or around island-type racing in tidal waters:

1. Means of manually pumping bilges from the cockpit.
2. Softwood plugs.
3. Radar reflector.
4. GPS, fixed or hand-held.
5. Appropriate charts for the area.
6. Almanac and tide tables.
7. Torch.
8. Sound signaling device.
9. Distress flares.
10. Washboards and hatches capable of being secured from inside.
11. Navigation lights.
12. Horse shoe life buoy fitted with auto lights/drogue.
13. Engine spares.
14. Rigging spares. (shackles, sheets, winch handle etc).
15. Tool kit.
16. Liferaft capable of carrying number of persons on board.
17. Safety harness with attachment points and/or jackstays.
18. It is recommended boats are registered with MCA Safety Identification Scheme (CG66).

Additional Safety Requirements if undertaking passage racing and more than 3 miles from shore, eg Orkney-Fair Isle, Wick, etc:

1. Sea anchor
2. Appropriate offshore clothing.
3. Food and water suitable for extended passage-making.
4. Storm jib.
5. Lifejackets fitted with whistle and auto-light.

The above should be considered minimum safety requirements and not a definitive list; skippers should note any additional conditions made by their insurance company in event of a claim.